



Why be a Mentor

Mentoring, at its core, guarantees mentees that there is someone who cares about them, assures them they are not alone in dealing with day to day challenges, and makes them feel like they matter and are able to reach what was previously thought unattainable. Quality mentoring relationships have powerful positive effects in a variety of personal, academic and professional situations.

Ultimately, mentoring connects a person's personal growth, development, social and economic opportunity. In considering the roles of the mentor, he or she must wear many hats throughout the process

Requirements:

- **The minimum amount of time required is 2 hours per month for the minimum of a year.**
- **Must be older than 25 years old**
- **Own source of transport**
- **Willing to spend funds for meetings eg: transport cost to meeting place, coffee or lunch.**
- **Forbidden to give mentee's money except for above. 'Teach them how to fish, don't give them fish'.**

So, Ready to become a Women4Women mentor and impart your wisdom, skill and valuable advice on women in need?

Please fill in below and email to: hello@women4women.co.za.

Name: _____

Surname: _____

Location: _____

Tel: _____

Email: _____

Education level: (if degree which one)





Current occupation:

Greatest strengths:

Are you days flexible to allow for calls or meetings with the mentee?

If you had to describe yourself, (circle applicable) sport junkie, techie, social butterfly, career obsessed, dog lover, foodie, health nut, traveller, none.

Other:

Why would you like to be a Women4Women mentor?

What can you offer a mentee (what special skills to you want to impart)?





by Cindy Nell

What does mentorship mean to you? (your philosophy on mentorship, do you see it as an active endeavour?)

What do you hope to get out of being a mentor?

How will you know when your mentee is successful?

A Mentor means: making yourself available to support and advise someone when they need it, delivering that support in a way that makes sense to them, and always, always keeping that person's best interests in mind.

